

Christine Petti, MD, FACS

3400 West Lomita Boulevard,
Suite 305, Torrance
310-539-5888
dr-petti.com

"I learned at a young age that looking good makes you feel good inside and out."

In 1998 board-certified plastic surgeon Dr. Christine Petti founded Spa Bella Medical Day Spa, which offers medical aesthetic and laser services. The spa has been recognized for multiple years as Best of the Beach and Best of the South Bay. Dr. Petti was trained at the University of Chicago and has practiced in the South Bay since 1990.

Services offered at Spa Bella Medical Day Spa include Botox®, Dysport®, Kybella®, dermal fillers (Juvederm®, Vollure®, Voluma®, Volbella®, Restylane®, Radiesse®, Sculptra®), micropeels, dermaplaning, SculpSure™, Vivace® radio-frequency microneedling, PRP platelet-rich plasma, IPL FotoFacial, Laser Genesis, Titan skin tightening, spider vein laser treatment, laser hair removal, Latisse®, Intelligent Nutrients® USDA approved organic skin care, Tizo sunscreen and Peel and Bleach retinol-hydroquinone creams.

Why did you create Spa Bella Medical Day Spa?

"The goal in creating Spa Bella was to have a one-stop 'beauty haven' where patients can receive the most contemporary aesthetic treatments to enhance their natural appearance before, after and even without the need of my surgery."

How did you decide to work in the health & beauty industry?

"I grew up in a beauty shop. My mother, a licensed cosmetologist, taught me the value of aesthetic preservation. I gained an early appreciation for the universal satisfaction and self-esteem my mother's clients felt from her outstanding beauty treatments. I learned at a young age that looking good makes you feel good inside and out."

How do you target patients' specific needs?

"I target my patient's specific needs by carefully listening to their desires and then making a plan that is customized to their goals and their specific anatomy. There are no cookie-cutter treatments. All patients are treated with great enthusiasm, the highest level of technical expertise and great pride for their aesthetic outcome and patient satisfaction. Return patients and patient referrals of family and friends have been the core of my practice for years. I have to execute my skills at the highest levels every day to earn and maintain this great honor."

What is unique about your style and technique?

"I know the unique qualities of the skin of the face, eyelids, neck and body from the inside

and out. I also love aesthetics—art, sculpture, fashion, hair, makeup. I understand all depths of human anatomy, so when I do injections or laser work to treat the skin and volumize the face, I have an awareness of arteries, veins, nerves and structures that could be injured during treatments. I am a surgeon, so the scope of my practice and knowledge is vast, varied and veritable. I want the outcome for patients to be natural, and my goal is to minimize trauma and recovery so there is less downtime."

What are you offering that is new and innovative?

"This year I introduced Vivace® radiofrequency microneedling with platelet-rich plasma for no-downtime treatment of all skin types/color with 'skin problems' such as wrinkles, folds, laxity, sun damage, acne scars, facial scars, active acne, stretch marks and even laxity of the knees, elbow, arms and abdomen."

What makes your practice stand out from others?

"As medical director of Spa Bella, I am known for attention to detail from head to toe, so my staff are trained to incorporate these attributes in their own interactions and care of Spa Bella patients. We have a reputation for delivering much more time and treatment to patients than is scheduled, so the patients love to come back again and again for our 'more value for your money' services!"

Would you say your approach is holistic?

"Spa Bella has always created a holistic philosophy to patient care and treatment. The spa has a serene, tranquil, professional yet personal environment that addresses the whole individual's needs—body and mind in harmony—for maximal balance and benefit."

Do you help your patients with a master plan for beauty and fitness?

"I offer patients a master, customized beauty and preservation plan that is within their desires, expectations and budget. I strive to not overdo things. My work on each patient is visualized as a canvas that is not created in one hour, day or session. Each patient is a work of art that is created and enhanced over time. There is no need to rush, as the best outcomes are achieved with great planning, patience and perpetual evaluation of each treatment outcome. Fitness of the body and mind is essential to maintain the results of all aesthetic treatments. All my patients know I have spent time with them discussing healthy eating, exercise and mental stamina."

